



8v8 Formation

Category: Technical: Attacking and Defending Skills
Difficulty: Beginner

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Individual-Adult Member

Screen 1

Game Organization: Start

A team's formation is organized from back to front and does not include the goalkeeper. Waxhaw's recommended 8v8 formation is a 3-3-1. You've added one more defender.

1 GK=Goalkeeper

2=RB Right Back, 3=LB Left Back

4 CB=Center Back;

7/ RM Right Mid 11 LM= Left Mid

8= Center Mid

9= Forward



Screen 2

Attacking in a 3-3-1 Formation (3 defenders, 3 midfielders, 1 forward)

Benefits:

1. 3 levels of play
2. 12 clear triangles of combination passing
3. 5 attacking players with one in behind

Weaknesses:

1. One center mid
2. One forward who must wait for RM/LM and RB/LB to get forward

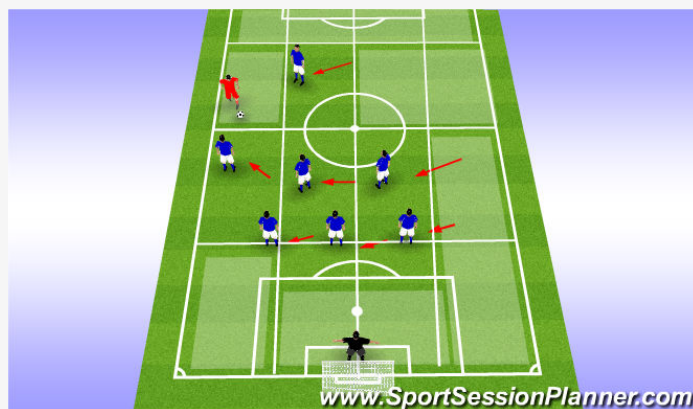


Screen 3

Defending in a 2-3-1 Formation GET TIGHT!

Without the ball, we occupy only 6 of the 16 squares of the field. This is so players reduce the amount of gaps teams can attack. A team that gives the opponent too much space to move forward will concede goals.

Teaching teams to "GET TIGHT" help them to remember not to give away forwards space.



Screen 4

If the ball then moves across the field, your 2-3-1 should SLIDE and GET TIGHT!

